Identification of *Trichinella* Muscle Stage Larvae at the species level by Multiplex PCR

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1. **Aim and field of application**

To identify the species or genotype of single *Trichinella* larvae preserved in ethanol by a multiplex PCR analysis. This method can be applied to larvae collected from human biopsies or from muscle tissues of animal origin.

2. **Principle of the method**

The PCR is a molecular biology technique that allows for the amplification of specific nucleic acid fragments, of which the initial and terminal nucleotide sequences are known (oligonucleotide pair). If a species (or genotype) has its own characteristic DNA portion, due to its composition and/or dimension, it is possible to choose an oligonucleotide pair allowing for its amplification. The PCR amplification is characterized by a high sensitivity and specificity.

A modification of the “standard PCR” is the multiplex-PCR, where two or more oligonucleotide pairs are used. In this case, it is possible to amplify with a single PCR analysis more than one sequence at the same time.

Today, 8 sibling species, namely *T. spiralis*, *T. nativa*, *T. britovi*, *T. pseudospiralis*, *T. murrelli*, *T. nelsoni*, *T. papuae*, and *T. zimbabwensis* and 3 genotypes, *Trichinella*-T6, *Trichinella*-T8 and *Trichinella*-T9, have been identified in the genus *Trichinella*. All of the *Trichinella* species and genotypes differ among them by the composition and/or dimension of the nucleotide sequences of different loci; consequently, the comparative analysis of three nucleotide sequences belonging to the ITS1, ITS2 and ESV, allows the univocal identification of most of the epidemiologically relevant taxa: *T. spiralis*, *T. nativa*, *T. britovi*, *T. pseudospiralis*, *T. murrelli*, *T. nelsoni*, *T. papuae*, *T. zimbabwensis* and *Trichinella*-T6.

The size of the ITS1, ITS2 and ESV fragments produced by the amplification with nucleotide pairs are shown in Table A.

<table>
<thead>
<tr>
<th></th>
<th><em>T. spiralis</em></th>
<th><em>T. nativa</em></th>
<th><em>T. britovi</em></th>
<th><em>T. pseudospiralis</em></th>
<th><em>T. murrelli</em></th>
<th><em>Trichinella</em> T6</th>
<th><em>T. nelsoni</em></th>
<th><em>T. papuae</em></th>
<th><em>T. zimbabwensis</em></th>
</tr>
</thead>
<tbody>
<tr>
<td>ESV</td>
<td>173</td>
<td>127</td>
<td>127</td>
<td>310-350</td>
<td>127</td>
<td>127</td>
<td>155</td>
<td>240</td>
<td>264</td>
</tr>
<tr>
<td>ITS1</td>
<td>253</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ITS2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>316</td>
<td>404</td>
<td></td>
</tr>
</tbody>
</table>

**Table A** - Dimension of the expected amplification products (in base pairs) for each taxon.

Using the multiple-PCR technique with 5 oligonucleotide pairs, it is possible to identify single larvae with only one amplification assay at the species or genotype level.

3. **References**

ISO/FDI 20837:2006(E). Microbiology of food and animal feeding stuffs – Polymerase chain reaction (PCR) for the detection of food-borne pathogens - Requirements for sample preparation for qualitative detection

ISO/FDI 20838:2006(E). Microbiology of food and animal feeding stuffs – Polymerase chain reaction (PCR) for the detection of food-borne pathogens - Requirements for amplification and detection for qualitative methods


### 4. Definitions


**DNA/larva**, DNA extracted from a single larva

**ESV** (Expansion Segment 5), sequence belonging to domain 4 of the nuclear ribosomal gene

**ITS1** (Internal Transcribed Spacer 1), interspaced sequence 1 of the nuclear ribosomal gene

**ITS2** (Internal Transcribed Spacer 2), interspaced sequence 2 of the nuclear ribosomal gene

**MSL**, muscle stage larvae

**Negative control for the amplification**, reagent grade water; this control is used in the amplification session to verify the efficacy of the multiplex-PCR system

**Oligonucleotide**, short sequence (15/30 nucleotide bases) used to amplify a DNA specific fragment

**PCR**, Polymerase Chain Reaction

**Positive control for the amplification**, a reference DNA supplied by RLT; this control is used in the amplification session to verify the efficacy of the multiplex-PCR system

**Positive control for the DNA extraction**, a reference larva analysed in the same working session of test samples, to verify the efficacy of the DNA extraction session

**Reference larvae**, larvae supplied by RLT belonging to a known *Trichinella* species or genotype

**Reference DNA**, purified DNA supplied by RLT belonging to a known *Trichinella* species or genotype

**RLT**, Reference Laboratory for Trichinellosis of the World Organization for Animal Health (OIE)

**SetB**, mix of 5 oligonucleotide base pairs amplifying specific sequences of single species

**Test sample**, one or more MSL larvae collected from a single infected host and preserved in ethanol, to be identified

The definitions and terminology used in the UNI EN ISO 22174 standard are applied in the present protocol.

### 5. Devices/instruments

5.1 **Stereo microscope**, magnification 60÷100x

5.2 **Bench top refrigerated centrifuge for 1.5 mL tubes**, minimum 10,000xg

5.3 **Freezer** ≤-15°C

5.4 **Thermoblock with vibration**, temperature range 25÷100°C

5.5 **Magnetic separation stand**
5.6 PCR thermocycler
5.7 Refrigerator, temperature range +1 ÷ +8°C
5.8 Horizontal electrophoretic apparatus
5.9 Analytical balance, readability 0.1g
5.10 UV transilluminator
5.11 Digital imaging system
5.12 Adjustable volume pipettes, volume range: 1-10µL, 2-20µL, 20-100µL, 50-200µL, 200-1000µL
5.13 Analytical grade water system production, resistivity ≥ 18 Mohm/cm
5.14 Vortex

6. Reagents and chemicals

6.1 **Incubation buffer.** Commercial solution: DNA IQ™ System kit, Promega, code DC6701 or DC6700. Once prepared, label the solution with “IB+”. Store according to the manufacturer’s recommendations.

6.2 **Lysis buffer.** Commercial solution: Tissue and Hair Extraction Kit, Promega, code DC6740. Once prepared, label the solution with “LB+”. Store according to the manufacturer’s recommendations.

6.3 **Paramagnetic resin.** Commercial suspension: DNA IQ™ System kit, Promega, code DC6701 or DC6700. Store according to the manufacturer’s recommendations.

6.4 **Washing buffer.** Commercial solution: Tissue and Hair Extraction Kit, Promega, code DC6740. Once prepared, label the solution with “WB+”. Store according to the manufacturer’s recommendations.

6.5 **Eluting buffer.** Commercial solution: Tissue and Hair Extraction Kit, Promega, code DC6740. Store according to the manufacturer’s recommendations.

6.6 **2x PCR master mix.** 2x commercial solution, Promega, codes: M7501, M7502, M7505 (composition: dATP 400 mM, dCTP 400 mM, dGTP 400 mM, dTTP 400 mM, MgCl2 3mM, Taq DNA polymerase 50 U/mL), other commercial PCR master mixes should be considered suitable for PCR amplification. Store according to the manufacturer’s recommendations.

6.7 **Oligonucleotides.** Commercial preparation (Table B); the lyophilized products is reconstituted with TE 0.1x, according to the manufacturer’s recommendations, at a concentration of 100 pmol/µL; the lyophilized product can be stored frozen for up to 5 years; the reconstituted product can be stored frozen up to 18 months.

<table>
<thead>
<tr>
<th>Oligonucleotide sequences</th>
<th>code</th>
<th>Amplified sequence</th>
</tr>
</thead>
<tbody>
<tr>
<td>5'-GTT.CCA.TGT.GAA.CAG.CAG.T-3'</td>
<td>cp-I.F</td>
<td>ESV</td>
</tr>
<tr>
<td>5'-CA.GA.AA.CAT.ACG.ACA.ACT.GC-3'</td>
<td>cp-I.R</td>
<td></td>
</tr>
<tr>
<td>5'-GCT.ACA.TCC.TTT.TGA.TGT.GTT-3'</td>
<td>cp-II.F</td>
<td>ITS1</td>
</tr>
<tr>
<td>5'-AGA.CAC.AAT.ATC.AAC.CAC.AGT.ACA-3'</td>
<td>cp-II.R</td>
<td></td>
</tr>
<tr>
<td>5'-GGG.GAA.GGA.TCA.TTA.TCG.TGT.A-3'</td>
<td>cp-III.F</td>
<td>ITS1</td>
</tr>
<tr>
<td>5'-TGG.ATT.ACA.AAG.AAA.ACC.ATC.ACT-3'</td>
<td>cp-III.R</td>
<td></td>
</tr>
<tr>
<td>5'-GGT.GAC.GTA.ATA.AAG.GTG.CAG-3'</td>
<td>cp-IV.F</td>
<td>ITS2</td>
</tr>
<tr>
<td>5'-TTC.ATC.ACA.CAT.CTT.CGA.CTA-3'</td>
<td>cp-IV.R</td>
<td></td>
</tr>
<tr>
<td>5'-CAA.TTG.AAA.AGC.GCT.TAG.CGT.GTT.T-3'</td>
<td>cp-V.F</td>
<td>ITS2</td>
</tr>
<tr>
<td>5'-GTA.TCT.GAG.GTC.GAC.ATT.TCC-3'</td>
<td>cp-V.R</td>
<td></td>
</tr>
</tbody>
</table>

**Table B. Oligonucleotide sequences of setB (6.8), their codes and amplified nucleotide sequences.**

6.8 **SetB.** The oligonucleotide mixture (6.7) used for the multiplex-PCR; the mixture is obtained combining an equal volume of the 10 oligonucleotides (6.7); the final concentration corresponds to 10 pmol/µL; 100µL aliquots are prepared and stored frozen up to 24 months.
6.9 **Loading buffer 6x.** Commercial product allowing DNA molecule electrophoresis to be performed. Store according to the manufacturer’s recommendations.

6.10 **Agarose.** Commercial product suitable for performing DNA molecule electrophoresis. Store at room temperature for up to 24 months.

6.11 **TAE solution 50x.** Commercial product (2M Tris-acetate, 50mM EDTA, pH 8.2–8.4 at 25°C). Store at room temperature for up to 24 months.

6.12 **TAE solution 1x.** 1000 mL preparation: take 20 mL of the 50x solution and bring to 1000 mL with water. Store at room temperature for up to 1 month.

6.13 **Ethidium bromide solution.** Commercial product 10 mg/L. For the working condition, dilute 1:100,000; for 100 mL solution, add 1.0 µL. Store in the dark at room temperature for up to 24 months.

NOTE: Ethidium bromide is potentially mutagenous, carcinogenic and teratogenic; wear disposable gloves and handle the solution containing this substance very carefully.

6.14 **L50.** Commercial product containing markers for DNA molecular weight multiple of 50 bp. All commercial products containing molecules of multiples of 50 bp within the 50-500 bp range can be used. Store refrigerated according to manufacturer’s recommendations.

6.15 **TE 1x solution.** Commercial product 10mM Tris-HCl (pH 8.0), 1mM EDTA-Na$_2$, pH 7.9–8.1 at 25°C. Store refrigerated for up to 12 months.

6.16 **TE 0.1x solution.** TE 1x diluted solution. For 100 mL preparation: take 10 mL from 1x solution and add 90 mL water. Filter with 0.22 µm filters and prepare aliquots of 10 mL. Store frozen for up to 24 months.

6.17 **Milli-Q grade water.** Resistivity ≥ 18 Mohm/cm

6.18 **Reference Larvae.** *Trichinella* MSL stored in ethanol (95-99%) supplied by RLT. Reference larvae are supplied by RLT after isolation from mouse muscle tissues by HCl-pepsin digestion (see the procedure in OIE 2004); store frozen for up to 5 years.

6.19 **Reference DNAs.** Genomic DNA purified from reference larvae. Reference DNAs are supplied (1ng/µL) by RLT. They are produced by RLT from a pool of reference larvae according to the protocols described in Sambrook et al. (1989). Store frozen for up to 5 years.

7. **Procedure**

7.1 **Sample preparation**

- Test samples are inspected to verify the integrity of MSL larvae.
- The ethanol containing MSL is transferred into a petri dish and observed under the stereo microscope. A maximum of 5 MSLs are collected and placed in 1.5 mL conical tubes, one MSL in each tube. Excess ethanol is removed and the minimum volume is left.
- Spin tubes containing larvae at maximum speed for a few seconds.
- Store the tubes frozen. Under these conditions, larvae can be stored for the DNA extraction for up to 5 years.

7.2 **Method**

7.2.1 **DNA extraction from one single larva**

- If not otherwise specified, the procedure is carried out at room temperature.
- Each working session requires that a reference larva be submitted to the DNA extraction procedure and identified as “positive control for the extraction”.
- Before starting the procedure, prepare a sufficient volume of the IB+ (6.1) and LB+ (6.2) solutions
according to the manufacturer’s recommendations.

a) Centrifuge the tubes containing the larvae to be identified at maximum speed for a few seconds.
b) Add 20 µL of IB+ (6.1).
c) Incubate at 55°C for 30-60 min in the thermoblock. During incubation, shake at 1,400 vibrations/min.
d) Centrifuge, as in point “a”.
e) Add 40 µL of LB+ (6.2).
f) Add 4 µL of paramagnetic resin (6.3) after resuspending it by vortexing.
g) Incubate for 5-10 min at 25°C in the thermoblock. During incubation, shake at 1,400 vibrations/min.
h) Place the tubes in the magnetic separation stand and wait for 30-60 sec, so that the paramagnetic resin particles are blocked by the magnetic field on the tube wall.
i) Discard the liquid phase by aspirating, avoiding the dislodging of the resin particles.
j) Add 100 µL of LB+ (6.2) and resuspend the resin particles by vortexing.
k) Place the tubes in the magnetic separation stand, as in point “h”.
l) Discard the liquid phase by aspirating.
m) Add 100 µL of WB+ 1x (6.4) and resuspend the resin particles by vortexing.
n) Place the tubes in the magnetic separation stand, as in point “h”.
o) Discard the liquid phase by aspirating.
p) Repeat the washing step, from “m” to “o”, with WB+ (6.4) 3 times.
q) After the last washing, leave the tubes open to let the resin particles dry for 15-20 min.
r) Add 50 µL of the eluting buffer (6.5) and gently resuspend the resin particles, do not vortex.
s) Incubate at 65°C for 5 min. During incubation, shake at 1,400 vibrations/min.
t) Place the tubes in the magnetic separation stand, as in point “h”.
u) Collect the liquid phase (40-50 µL circa) and transfer it to a 1.5 mL tube.
v) The resulting extract is defined as “larval DNA” and stored frozen. Under these conditions, it can be stored for up to 5 years.

7.2.2 PCR amplification

- Unless otherwise clearly stated, store tubes on ice; use tips with barrier and wear disposable gloves.
- At each working session, use a positive and a negative amplification control. Use reference DNA (6.19) as positive control and water (6.17) as negative control.

a) Thaw DNA/larva, 2x PCR MasterMix, SetB, and positive amplification controls.
b) Mark with a progressive number an adequate number of 0.2 µL PCR tubes.
c) Prepare a adequate cumulative volume of the amplification mix. Evaluate the volume on the basis of a single sample amplification mix (table C) and of the total number of samples plus two (1 for the positive amplification control and 1 for the negative one).

<table>
<thead>
<tr>
<th>2x PCR MasterMix (6.6)</th>
<th>15 µL</th>
</tr>
</thead>
<tbody>
<tr>
<td>H₂O</td>
<td>4 µL</td>
</tr>
<tr>
<td>SetB (6.7)</td>
<td>1 µL</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>20 µL</strong></td>
</tr>
</tbody>
</table>

**Table C – single sample amplification mix: components and volumes**

d) Mix the amplification mix by vortexing and centrifuge at maximum speed for a few sec.
e) Transfer 20 µL of the cumulative amplification mix to each PCR tube (point “b”).
f) Add 10 µL of the larval DNA to be tested to each tube.
g) Close the tubes, mix by vortexing and centrifuge at maximum speed for a few sec.

h) Start the amplifying cycle (Table D) on the thermocycler device; wait for the temperature to reach 95°C and insert the tubes in the thermoblock by pausing the instrument.

<table>
<thead>
<tr>
<th>Pre-denaturation</th>
<th>4 min/95°C</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amplification</td>
<td>10 s/95°C</td>
</tr>
<tr>
<td></td>
<td>30 s/55°C</td>
</tr>
<tr>
<td></td>
<td>30 s/72°C</td>
</tr>
<tr>
<td>Number of cycles</td>
<td>35</td>
</tr>
<tr>
<td>Final extension</td>
<td>3 min/72°C</td>
</tr>
</tbody>
</table>

Table D – amplification cycles

i) At the end of the amplification phase, centrifuge the tubes at maximum speed for a few sec.

l) Add 5.0 µL of loading buffer 6x (6.9).

m) Vortex and centrifuge the tubes at maximum speed for a few sec.

n) Keep tubes on ice or refrigerated until starting electrophoresis.

7.2.3 Result display

a) Assemble the electrophoresis apparatus according to the manufacturer’s recommendations. For the gel preparation, use a comb suited for the number of samples.

b) Add 2 gr agarose (6.10) in 100 mL TAE 1x (6.12) in a glass beaker.

c) Gently resuspend the powder by rotation.

d) Boil the agarose suspension for 30 sec. If the solution is not homogeneous, continue to boil for another 30 sec.

e) Restore with water the volume lost by boiling.

f) Allow the agarose solution to cool.

g) Before it solidifies (at about 47°C), add 1.0 µL of ethidium bromide solution (6.13).

h) Shake gently to dissolve uniformly the ethidium bromide and pour the agarose in the gel tray previously prepared (point “a”).

i) Wait for the gel to solidify, which requires at least 30 min.

j) Place the tray with the gel in the electrophoresis apparatus.

k) Cover the gel with TAE 1x buffer (6.12) and gently pull out the comb.

l) The first and last wells are loaded with 15 µL of the L50 solution (6.14).

m) Load in each well 20 µL of the amplification product (point 7.2.1 “n”), respecting the progressive numbering of the tubes (point 7.2.1 “b”).

n) Connect the electrophoresis apparatus with the power supply and set 10 v/cm of gel.

o) Run the gel for about 30 min or until the fastest dye, contained in the loading buffer (6.9), reaches a distance of 1 cm from the gel border.

p) After 30 min, switch off the power supply, place the gel under UV illumination and check the band separation. The electrophoresis run is adequate if it is possible to easily distinguish all bands of molecular weight marker ranging from 50 and 500 bp. If the separation is incomplete, continue the run.

q) At the end of the run, transfer the gel to the imaging system and print the result.

7.2.4 Result Interpretation

- The size of the amplification bands revealed by the electrophoresis is evaluated by their comparison with the reference molecular weight L50. The visual evaluation is considered sufficient and adequate, since the differences among species are macroscopical (see Table A)
The amplification test is considered valid if:

a) the amplification of the positive control shows an amplification product in Table A;
b) the amplification of the negative control does not show any amplification product or, eventually, only bands related to unused oligonucleotides and/or primer dimer
c) the positive control of the extraction product shows an amplification product in Table A;

The species identification is made comparing the size of the band(s) produced by the sample(s) with those shown in Table A.

8. Results

The results are expressed as follows:

- If the amplification band is of 173 bp, the larva is identified as belonging to *T. spiralis*.
- If the amplification band is of 127 bp, the larva is identified as belonging to *T. nativa*.
- If the amplification bands are of 127 bp and 253 bp, the larva is identified as belonging to *T. britovi*.
- If the amplification band is in the range between 310 and 350 bp, the larva is identified as belonging to *T. pseudospiralis*.
- If the amplification bands are of 127 bp and 316 bp, the larva is identified as belonging to *T. murrelli*.
- If the amplification bands are of 127 bp and 210 bp, the larva is identified as belonging to *Trichinella* T6.
- If the amplification bands are of 155 bp and 404 bp, the larva is identified as belonging to *T. nelsoni*.
- If the amplification band is of 240 bp, the larva is identified as belonging to *T. papuae*.
- If the amplification band is of 264 bp, the larva is identified as belonging to *T. zimbabwensis*.
- If the test is classified as valid and the sample shows an unexpected band of a size not reported in Table A, the identification is defined “impossible”.

Whenever possible, five larvae should be tested for each test sample. The isolate identification is considered valid if at least one larva can be identified. In the case of an invalid result, an additional 5 larvae should be tested.

9. Characteristics of the method

This method has been characterised in terms of repeatability and specificity. The results of the validation protocol are used to confirm that the method is suitable for the expected aim and are reported in the validation report, which can be received upon request.

10. Safety measures

This method has to be carried out only by authorized personnel. The operator should wear individual protection devices during the test performance. For general safety measures, refer to the guidelines of CDC.