BACKGROUND

The improvement in cancer survival discovered a scenario of physical, psycho-cognitive and social sequelae and opened many questions on how to screen, treat, and prevent, these survival related problems. While US, Australia and some northern European Union Countries have already started to face these issues, other Countries such as Italy still need to take up this challenge, considering their social and cultural background.

To promote the knowledge on the survivors’ issues, the Italian Ministry of Health approved and funded a Research Program on Cancer Survivors, entitling some National Entities to carry on the study in a three years period time. This Italian Program, named PIO 7 (Integrated Program in Oncology n. 7) was developed to survey all physical, psychological and social sequelae of adult long-term cancer survivors, disease-free, in follow-up since > 5 years. The final goal of the project is to define both possible actions to prevent cancer sequelae and a rehabilitation plan to meet the cancers survivors’ needs.

The general project includes six research projects submitted by the following entities: four National Cancer Institutes (NCI of Aviano, NCI of Milan, NCI of Bari, NCI of Naples), the Italian Institute of Health, La Sapienza University of Rome, Department of Clinical Medicine; Cancer Patient Organizations (Italian Federation of Voluntary Associations in Oncology, FAVO, and Italian Association of Cancer Patients AIMaC, in Rome), four Local Governments (the Regions of Lombardia, Sicilia, Liguria and Emilia Romagna).

The 3rd Study Day on Cancer Survivorship “Sequelae in Cancer Survivors: From Prevention to Rehabilitation Strategies” will provide the opportunity to better focus on cancer survivors’ issues and to deepen the current knowledge about the main strategies to prevent or cure these sequelae.

In Italy too much attention is still paid to physical rehabilitation whereas the need for a multidisciplinary approach combining physical exercise with psychological, clinical, physical, and social support is underestimated. Today variations in life expectancy have increased the number of new cases added each year, the introduction of new therapies into clinical practice has dramatically improved prognosis; hence the number of people with a history of cancer has boomed. According to estimates, their number will peak in Italy 2 millions by 2010. As in other Western countries, that increasing figure will inevitably have an impact on the health and welfare systems, which in turn will lead to increasing costs.

The present CME event, following the educational plan of the former two ones, should offer some points of reflection for a better coordination among oncologists and other primary care providers, and work towards a shared care model that can improve the quality of care delivered by the national health care system. In this way the nationwide research program PIO7 might play an important role in developing both a survivorship care plan at national level, and a better evidence base to direct health care management in cancer survivors.
In the cancer survivorship field, another project, referred to as the Italian Research Project on Post-cancer Pain (IRP-PcP), will start in Italy within 2010. The Study Group on Cancer Pain and Palliative Care of the Italian Society of Anesthesiology, Resuscitation, Analgesia, and Intensive Care (SIAARTI), proposed and authorized an open label national multicentre research project for registering data on the incidence, onset, duration and clinical characteristics of pain, fatigue and other symptoms such as sleep disturbances in cancer survivors and their influence on QoL. In this event it will be held the 1st IRP-PcP Investigator’s Meeting to present both the research project protocol and the SIAARTI Study Group current policies to improve knowledge and management in Pain Medicine. Finally in the conference program a Theoretical-Clinic Course has been planned to promote both the knowledge and the diffusion on new central venous catheters peripherally inserted PICC, whose application opened a new frontier in the nursing management, allowing a lot of “technical facilitations” necessary to simplify the care of the ill person.

**PURPOSES**
The main purposes of this 3rd Study Day on Cancer Survivorship are:
- to present the current data of the all Entities who participate in the Italian Project PIO7 via a special session entirely addressed to the PIO7 Researchers;
- to present both the IRP-PcP protocol and the current policies to improve knowledge and management in Pain Medicine via a special session entirely addressed to the Investigator’s Meeting of the SIAARTI Study Group on Cancer Pain and Palliative Care;
- to deepen participants understanding of the possible strategies for the prevention, treatment and rehabilitation of the long-term and late effects of cancer and its therapies with a special attention to the medical (oncological, cardiovascular, fatigue and post-cancer pain, etc.) and psychosocial issues;
- to define a potential collaboration in the research on cancer survivorship between Italian and American Experiences.

**TARGET**
The CME Course is addressed to all Health Care Professionals for improving the knowledge about the issues of Cancer Survivorship. The American and Italian Chairmen and Speakers of this Study Day will present data and reports from the studies done in this field, particularly in the USA since the seventies, about Medical and Psychosocial Concerns and QoL, offering to the attendees a deeper understanding and appreciation for these aspects of Cancer Survivorship. Both the presentations and the discussions conducted by the Chairmen and Discussants will offer new perspectives and describe emerging approaches to meet Cancer Survivors needs and help them manage cancer related sequelae.

**CME CREDITS**
The Study Day CME Committee will ask for obtaining accreditation by the Italian Ministry of Health in compliance with the national CME regulations. Credits will be assigned to the attendees to all sessions who did complete both the entrance and exit CME tests. The attendance will be verified by signature both at the start and the end of the sessions.

**FEE/REGISTRATION**
The participation at the CME event is free, while the registration is obliged. The attendees maximum number is of 90. Once the maximum number of participants has been reached, registration will be closed and the organizing secretariat will promptly contact those participants exceeding.

Participation will be free for students of the Degree and Specialization Courses of Disciplines related to the Study Day’s topics, and to the Patients and registered members of Voluntary Organizations in Oncology.

**POSTER SESSION**
A Poster Session (size 70 x 100 cm) about the issues of the Study Day will be held in the Congress lounge for the duration of the event. A Scientific Commission will judge the posters, and an official award will be assigned to the worthiest poster based upon originality, research accuracy and innovation.

Posters will be exposed by 9.00 a.m. on September 30th and they will stay through the meeting in the conference hall. Poster’s abstracts (English language, max 2500 fonts, included spaces, max 4 references) will have to submit within September 20th, only by email to the following addresses:

- criticare@oncologico.bari.it
- ecm@oncologico.bari.it

Both the registration of the first author and his presence are compulsory, otherwise no prize might be awarded. Foreign authors’ posters will be well accepted, even if the missed presence might exclude the possibility of being awarded.

**SERVICES FOR PARTICIPANTS**
The Study Day will take place at the Meeting Hall of the NCI “Giovanni Paolo II” of Bari. During the Meeting, translation will be provided from English to Italian and vice versa for the scientific sessions indicated in the program.
NATIONAL CANCER INSTITUTE IRCCS “GIOVANNI PAOLO II” – BARI, ITALY  www.oncologico.bari.it

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VENUE
NATIONAL CANCER INSTITUTE IRCCS “GIOVANNI PAOLO II” Meeting Hall, Viale M. Amoruso, 70124 Bari – Italy
September 30  2010
3rd STUDY DAY ON CANCER SURVIVORSHIP
CME COURSE
Chairs: V. Mattioli and G. Colucci
8.30 – 9.30
CME Participants Registration and Entrance CME Test
Posters exhibition

Morning session
Corso Theoretical-Clinical Course
New Strategies in the central venous approach in Oncology :
PICC (Peripherally Inserted Central Catheters)
9.30 - 13.30
Chairmen: C. Mattia, A. Di Lella

- PICC: story, characteristics, indications and future perspectives P. Dormio
- Ultrasound-guided of PICCs’ implantation with electrocardiographic check of the catheter position M. Pittiruti
- Nursing of the venous approach and prevention of the complications G. Bradascio
- Illustrative DVDS
Discussion

Afternoon session
Investigators’ Meeting of the SIAARTI Study Group on Cancer Pain and Palliative Care
Presentation of the Italian Research Project on Post Cancer Pain
3.00 - 6.00 pm
Chairmen: A. Costantini, F. Paoletti

- Report of the Study Group activity and introduction of the draft for the educational journey in Pain Medicine for the attendees of the postgraduate course in Anesthesiology R. Mediati
- Research Project on “Post Cancer Pain”: analysis of the protocol, early results and criticality V. Mattioli
- Is fatigue still a concern for long-term cancer survivors? F. Romito, C. Cormio
Discussion

October 1-2  2010
3rd STUDY DAY ON CANCER SURVIVORSHIP
ITALIAN PROJECT PIO7 “Rehabilitation Strategies in Oncology”. Early findings and results presentation.
SEQUELAE IN CANCER SURVIVORS: FROM PREVENTION TO REHABILITATION STRATEGIES.

CME COURSE
Chairs V. Mattioli, G. Colucci

October 1
Morning session
8.30 – 10.30 am
Chair: V. Mattioli, G. Colucci
CME Participants Registration and Entrance CME Test
Posters exhibition
Welcome and Introduction Opening Remarks

- Survivorship: a commitment for the Italian (ACC) and European(OECI) cancer networks M. Pierotti
11.00 am -2.00 pm
PIO7 Investigators’ Meeting
ITALIAN PROJECT PIO7 Rehabilitation Strategies in Oncology: Early Findings and Results
Chairmen: U. Tirelli, M. Pierotti

- The Cancer Survivor Clinic of Aviano: first psychosocial and medical results U. Tirelli, A. Annunziata
- Curing of cancer among new issues, changes and return to normal V.Mattioli, F.Romito, R. Montanaro
- Assessment of the rehabilitative courses of patients suffering from cancer, with reference to the sexuality F. De Falco
- Preliminary results about the cancer rehabilitation services on a population based study A. Micheli
- The prevalence in Italy of the long-term cancer survivors R. Capocaccia
- Nutritional and metabolic rehabilitation for the long-term cancer survivors M. Muscaritoli
- Considerations and Proposals for a “target” information to the cured people F. De Lorenzo
Afternoon session
3.00 - 6.00 pm
SEQUELAE IN CANCER SURVIVORS: FROM PREVENTION TO REHABILITATION STRATEGIES.
Chairmen: A. Paradiso, K. Stein
- What are Cancer Survivors telling us? J.H. Rowland (live presentation by Skype connection Bari-Bethesda)
- Cancer Survival rates in the world: differences, mismatches, and methodological mistakes. L. Bisceglia
- Strategies to prevent the late effects of cancer and its treatment: another form of personalized medicine P. Ganz
- Behavioral changes in cancer survivors life style K. Stein
- Working before and after cancer M. Piccioni

Debate
6.00 - 7.00 pm
Who are “Cancer Survivors”? Italy - USA comparison of experiences.
Chairmen: G. Colucci, R. De Franco
Discussants: U. Tirelli, L. Grassi, P. Ganz, K. Stein

October 2
Morning session
9.00 – 13.00 am
SEQUELAE IN CANCER SURVIVORS: FROM PREVENTION TO REHABILITATION STRATEGIES.
Chairmen: L. Grassi, P. Ganz
- Nothing more, nothing less, only…? R. De Franco
- Integrative strategies in a tertiary prevention of cancer: a survivorship program F. Giotta
- Psychological Rehabilitation L. Grassi
- Physical Rehabilitation in PMS (Post Mastectomy Syndrome) J. P. Belgrado
- Sexuality and intimacy in Cancer Survivors P. Ganz
- Targeted therapies and quality of survival N. Silvestris
- Management of cardiovascular sequelae S. Oliva

Discussion
Poster Prize Giving and Closing Remarks
Exit CME Test